[illegible]

[illegible]

[illegible], [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] -
[illegible] [illegible] [illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible] - [illegible] [illegible]."

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 10 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

*[illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:	[illegible] [illegible] [illegible] [illegible] [illegible]:
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible] - D2 [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

	[illegible] [illegible] [illegible].
'8 [illegible] [illegible] [illegible]

"□□□□" □□□□□.

□□□□□□□□□□, □□□□ □□□ □□□□□□□□□□□□□ □□□□ □□□□□ □□□□□□. □□□□□□ □□ □□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□?

□□□□□□□□□□□□ □□□□□□□□ □□□□□ □□ □□□.

□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□□□□□□.

□□□□ □□□□□□□ □□□□□□□□□□. □□□□ □□□□□ □□□□□□. □□□□ □□□□□□□□ □□□□□□.
□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□. □□□□□ □□□□□□
□□□□□□□□□□□□□, □□□□□□□□, □□□□□□□, □□□□□ □□□□□ □□□□□□□□□ □□□□□□□ □□□□□ □□□□
□□□□ □□□□□ □□□□□□. □□□□ □□□□: □□□ □□□□□□□□□□□□. □□□□□ □□□□□. □ □□□□□□□□□ □□□□□
□□□□□□. □□□□□ □□□□□ □□□□□□□ □□□□ □□□ □□□□□□□ □□□□□□□□□ □□□□, □□□ □□□□□□□□□
□□□□□□□□□ □□□□.

□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□□□□□□. □□□□□□□□□□□□ □□□□□□ □□□□□□
□□□□□□□□, □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□. □□□□ □□□□□□□□□□ □□□□□□□□,
□□□□□□□ □□□□□□□ □□□□□□ □□□ □□□ □□□□□□□□□ □□□□□□□□□ □□□□□□. □□□□ □□□□□□□ □□□□□□□
□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□. □□□□ □□□□ □□□□□□, □□□ □□ □□□□□□ □□□□ □□□□□
□□□□□□□ □□□ □□□□□□□□□□□. □□□□ □□□□ □□□□□□□□□□ □□□□ □□□□□ □□□□□□□□□ □□□□□□□□□,
□□□□□□ □□□ □□□□ □□□□, □□□□ □□□ □□□□ □□□□ □□□□, □□□□□ □□□□□ □□□□□□□□□
□□□□□□□□□□□□.

□□□□□□ □□□□ □□□□□□□□, □□□□ □□□□□ □□ □□□□ □□□□, □□□□ □□□□ □□□□□□□□□□□□□□□□□□□.

□□□□ □□□□□□□□□: □□ □□□□□□□ □□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□,
□□□□□□□□ □ □□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□. □□□□ □□□□□□□□□□: □□□ □□□□□□□□□□□□□□□
□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□ □□□□□□□□□□□ □□□□□□□□□. □□□□
□□□□□□□□□□: □□□□□, □□□□□ □□□□□ □□□□□□□ □□□□ □□□□□ □□□□□□□□, □□□□ □□ □□□□□ □□□□□□□
*□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□, □□□□□□□ □□□□ □□□□ □□□□ □□□□□□□□□□□□□□□□□□□

*[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

◆ [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible]	"[illegible] [illegible] [illegible]" [illegible] ([illegible] [illegible]).	[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]?
[illegible] / [illegible].	[illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. 8 [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (60-90°F [illegible] [illegible]) [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

	[illegible] [illegible] [illegible] [illegible] [illegible].	[illegible], [illegible] [illegible] 1 [illegible] [illegible] [illegible] [illegible], 18 [illegible] 20 [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 8 [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible].	'[illegible] 3-5 [illegible], [illegible] 30 [illegible] [illegible] [illegible] [illegible] [illegible].' [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] 30 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] 10 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. 30 [illegible] [illegible], 10 [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] 10 [illegible] [illegible], [illegible] [illegible]. BDNF [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] 10 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 4 [illegible] [illegible] 10 [illegible] [illegible] [illegible] [illegible]. 4-8 [illegible] [illegible] 20 [illegible] [illegible]. 8-12 [illegible] 30 [illegible] [illegible]. [illegible] [illegible] 30 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] 10 [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] / [illegible].	[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]	[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]

	□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□. □□□□ □□□□□□□ □□□□□ □□□□□□□□□□□□□□□, □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□, □□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□.	□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□, □□□□□ □□□□□□□□□□ □□□□□. □□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□: □□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□ (□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□) □□□□ □□□□□□□ □□□□□□□□-□□□□□□□□□□□□ □□□□□□□ □□□□□ □□□□□ □□□□□ □□□□□□□□□ □□□□□□□□. 30 □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□, □□□□ 30 □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□ □□□□□, □□□□□/□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□. 30 □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□, 6 □□□□□□, 2 □□□□□□□□□□□ □□□□□□ 5 □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□ □□□□□, □□□□□/□□□□ □□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□.
□□□□□.	"□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□." □ □□□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□ □□□□□ □□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□.	□□□□□□□□□ □□□□□□□□□□□ □□ □□□□□□ □□□□□□□□□: □□□□□□□□□□□□ □□□□□ □□□□□□□ (□□□□□□□ □□□□□□□□, □□□□□□□□ □□□□□□□□ □□□□□□, □□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□), □□□□□□□□ □□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□ (□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□ □□□□□□ - □□□□□□ □□□□□□ □□□□□□□□□□□□□□□, □□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□), □□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□ (□□□□□□□□□□ □□, □□□□□□, □□□□□□□□□□□, □□□□□□□□□ □□□□□□□ □□□□□□□□).

II.1 - [illegible]

[illegible] [illegible] [illegible] [

		[illegible]. [illegible] 2-4 [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] (NAC, [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]) [illegible], [illegible] [illegible] [illegible].	[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

III. □□□□□□□□□□ □□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□.

◆ □□□ □□□□□□□□□□□□□□□. □□□□□□ □□□□□□□□□□□□□. □□□□□□ □□□□□ **AMPA** □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□. □□□ □□□□□□□□□□□ □□□□.

□□□□□□ □□□□□□□□ (NAC, 5-MTHF, methylcobalamin, magnesium glycinate, CoQ10, DHA, UMP, tyrosine)□□ □□□□ □□□□□□ □□□□□□□□□□□□□, □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□. □□□ □□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□□□□ □□□□□□ □□□□ □□□□□□□□ □□□□□□□□□□□□□□□□: □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□ - □□□□□□□□□□ AMPA □□□□□□□□ □□□□□□□□, NGF/BDNF □□□□□□□□□ □□□□□□ □□□□□□□□, □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□ □□ □□□□□ □□□□□□ □□□□□□□□□□.

□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□: □□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□ □ □□□□□□□□□□□ □□□□□□. □□□□□□□□□ □□□□ FDA □□□□□□ □□□□□□□ □□□□□□□ □□□□□ □□□□□□ □□□□□□-□□□□□□□ □□□□□□□-□□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□. □□□□□□, □ □□□□□□□□□□ □□□□□□□□ □ □□□□□□□ □□□□□□□□ □□□□□□□□□□□. □□□□□□□□□□□□, □□□□□ □□□□□□□□□□ (□□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□) □□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□. □□□□ □□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□. □□□□ 50+ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□ - □□□□□□ □□□□□, □□□□□□□□□, □□□□□□□-□□□□□□□□ □□□□□□□□ □□□□□□□ - □□□□□ □□□□□□ □□□□□□□□ □□□□□□□-□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□.

III.1 — □□□□□□□ □□□□□□□ — □□□□□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□ **AMPA** □□□□□ □□□□□□□□□□□□□□ □□□□□□.

□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□ AMPA/NMDA □□□□□□□□□□ □□□□□□□□□□□□ □□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□. □□□□□□□□, □□□□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□ AMPA □□□□□□□□□□□□ □□□□□□□□□□□□□□□. □ AMPA □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ - □□□□ AMPA □□□□□□□ □□□□□□□□□□□□□□□□□, □□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□. □□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□.

□□□□□□□□□.	□□□□□	□□□□□□□□□ □□□□□□□.	□□□□□□□□□□□, □□□□□ □□□□□ □ □□□□□□□□□□ □□□□□□□□□□□□□□□.
□□□□□□□□□□ - □□□□□□□□, □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□.	□□□□□□□ 800-4800 □□.□□□□□, 2-3 □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□.	AMPA □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□.	□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□ □□□□ (AMPA) □□□□□□□□□ □□□□□□□□ □□□□□□□, □□□□ □□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□

		[illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. 50+ [illegible] [illegible] [illegible].	[illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

		[illegible] [illegible] [illegible]

□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□: 1. □□□□□□□□□□ AMPA □□□□□□ NMDA □□□□□□□□□□□□ — □□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□, □□□□ □□□□□□□□. 2. □□□□□□□□□□□ NGF (□□□□□ □□□□□□□□□ □□□□□□) □□□□□□ BDNF — Noopept □□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□. □□□□ □□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□ □□□□□□ □□□□□□ □□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□ - □ □□□□□□ □□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□-□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□. □□□□□□□□□□□ □□□□□□.	□□□□□□□ □□□□□□□, □□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□. □□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□ - □□□□□□□□□ □□□□□□□, □□□□□□ □□□□□ - □□□□ □□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□. NGF □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□: NGF □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ (□ □□□□□□□□□□ □□□□□□□□□□□, □□□□ □□□□□□□ □□□□□□ □□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□) □□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□. □ □□□□□□□□□□□□ □□□□□□□ □□□□□ □□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□. □□□□□□□: 10-30mg □□□□□□□, □□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□. □□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□, □□□□□□□□ □□□□□ □□□□□□□□□□. □□□□□□□□□ □□□□□□: □□□□□□□ □□□□□□□□□□□□ CDP-choline □□□□□ Alpha-GPC □□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□. Noopept □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□; □□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□, □□□□□□□□□ □□□□□□ □□□□□□□ □□□□□ □□□□□□ □□□□□□□ □□□□□.

III.3 — □□□□□□□□ □□□□□ □□□□□□ — □□□□□□□□ □□□□□□□□□□□□□□□

□□□□□□□□□.	□□□□□□□□ □□□□□ □□□□□□□.	□□□□□ □□□□□□ □□□□□□□□□□.
□□□□□□□□□ - □□□□□□□□□ ACTH □□□□□ □□□□□□ □□□□□□□□.	□□□□□□□ □□□□□□ □□□□□□ □□□, □□□ □□□□□□□ □□□□□□□□□ □□□□-□□□□□ □□□□□□□□□□ □□□□□□□□□. □□□□□□ □□□□□□□□□□□: BDNF □□□□□ NGF □□□□□□□□□ □□□□□□ (□□□□□□□□□□□□□, □□□□□□ - □□□□□□□□□□□□□ □□□□□□ □□□□□□□□□). □□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□. □□□□□□ □□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□ □□□□□ □□□□□□□ □□□□ □□□□□□□□□□□□ □□□□□□□□□□□□, □□□□□ 30 □□□□□□□□□□□ □□□□ □ □□□□□□□□□ □□□□□□ □□□□□□□□□□□□□. □□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□ (□□□□□□□	Semax □□□□□ □□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□ □□□□□ □□□□□□ □□□□ □□□□ □□□□□□□□□□ □□□□□□□□: □□□□□□□□□ BDNF □□□□□□□□ (□□□□□□□□ □□□□□□ □□□□□ BDNF □□□□ □□□□□□ □□□□□□□□□□□□□, □□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□ □□□ □□□□□□□□□□□□□) □□□□□ □□□□□□□□□□□□□ □□□□□□□, □□□ D2 □□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□ □□□□□□□□ □□□□□ □□□□□ □□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□. 300-1000mcg □□□□□□□□, □□□□□□ 1-2 □□□□□□ □□□□□□ □□□□□□ □□□□□□□□□□. □□□ □□□□□□□□□□

	□□□□□□□) □□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□.	□□□□□□□□□□ □□□□□□□□□□ □□□□ (FDA □□□□□□ □□□□), □□□□□ □□□□□□□ □□□□ □□□□□□□□□ □□□□□□ □□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□.
□□□□□□□ - □□□□□□□□ □□□□□ □□□□□□ □□□□□□□□.	□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□ □□□□. □□□□□□ □□□□□□: GABA-A □□□□□□□□ (□□□□□□□□ □□□□□□□□□□, □□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□ - □□□□□ □□□□□□ □□□□□, □□□□□□ □□□□□□□□ □□□□□□ □□□□), BDNF □□□□□□□□, □□□□□□ □□□□□□ (□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□). □□□ □□□□ □□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□

	□□□□□□□□. □□□ □□□□□ □□□□□□□□□ □□□□□□□□□□□□□□: □□□□□□□ □□□□□□□□□, □□ □□□□□□□ □□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□.	□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□ □□□□□□□□□ □□□□□□□, □□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□.
□□□□□□-□□□□□□□	CDP-□□□□□□□ □□□□□ □□□□□□□ □□□□ □□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□. □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□ (□□□□□□□□□□/□□□□□□□□□ □□□□□□□□□□ □□□□□□□□). □□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□ □□□□□□ □□□□□□□□.	300-600mg □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□. □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□ - □□□□□□□□, □□□□□□□□ □□□□□□□□□□□□□, □□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□. □□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□ CDP- □□□□□□ □□□□□ □□□□□□□□□□□□□.

III.5 - □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□.

□□□□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□□□□□, □□□□□□ □□□□□ □□□□□□ □□□□□□□□□□□□□. □□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□ - □□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□ □□□□ □ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□, □□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□ □□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□.

□□□□□□□□□	□□□□ □□□□□□□ □□□□□□□?	□□□□ □□□□□□□□□□.	□□□□□□□□□□□, □□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□ □□□□□□ □□□□□□□. □□□□□□□ □□ □□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□?
□□□□□□□ 1-30 (□□□□□ □□□□□□□).	□□□□□□□□□□ □□□□□□□□□□□□□□□: 5-MTHF, , NAC, □□□□□□□□□□□, DHA, CoQ10. □□□□ □□□□□□□□□ □□□□□□□□□□□□□□□.	□□□□□□ □□□□□□□, □□□□□□□□ □□□□□□□ □□□□□□□, □□□□□□ □□□□□□□. □□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□.	□□□□□□□□□□ □□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□. □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□.
30-60 □□□□□□□ (□□□□□□□□□□ □□□□□□□).	□□□□□□□□□ 10mg □□ □□□□□ □□□□ □□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□□□□, □□□□□□□	□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□ □□□□□□	Noopept □□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□ (AMPA + NGF + BDNF) □□□□□□ □□□□□ □□□□□□□

	[illegible] [illegible]-[illegible] 250mg [illegible].	[illegible]. [illegible] [illegible] (для [illegible] [illegible] [illegible] [illegible]). [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
60-90 [illegible] [illegible] (при [illegible] [illegible] [illegible]).	[illegible] [illegible] [illegible] 800mg [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. При [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] 2 [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
90 [illegible] [illegible] [illegible] (при [illegible] [illegible], [illegible] [illegible]).	[illegible] [illegible] 750mg [illegible] [illegible] (при [illegible] [illegible] [illegible]) [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
90 [illegible] [illegible] [illegible], [illegible] [illegible] 2-3 [illegible].	100-200mg, [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].	[illegible] [illegible], [illegible], и [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]).	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

III.6 — □□ □□□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□.

(□□□□□□□□□ □□□□□□□□□□) □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□□□□□ □□□ □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□. □□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□ FDA □□□□□□ □□□□□□□ □□□□□□ □□□□□□□□□ (1970□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□). □□□□□ □□□□□□□ □□□□□□□: □□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□, □□□□□□□□□□□□-□□□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ BDNF □□□□□□ □□□□□□□□□□□□ □□□□□□ □□□□□□.

□□□□□□□□□□□-□□□□□□ □□□□□□□ □□□□□□□□□□□□□ GHB □□□□□ □□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□□□: □□□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ (□□□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□ □□□□□ □□□□□□□, □□□□□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□) □□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□□□□□□. Hydergine □ □□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□.

□□□□□□□: □□□□□□□ **4.5-9mg,** □□□□□□□ □□□□□□ □□□□□ □□□□□ □□□□□□□□□ □□□□□□□□□□□□. □□□□□□□ □□□□□ **(**□□□□□□**)** □□□□□□□**,** □□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□**.** □□□ □□□□□□□ □□□□□□□□ □□□□□ □□□□□ **-** □□□□□ □□□□□□□□□□□□ □□□□□□□□**,** □□□□□□□ □□□□□□ □□□□□□ □□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□**.**

IV. [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

◆ [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

30-60 □□□□□□□.	Noopept □□□□□ CDP-choline □□□□□□□ □□□□□□. 15-20 □□□□□□□ □□□□ □□□□□. □□□□□□□□□□□ □□□□ □□□□□ — □□□□ □□□□□□□□, □□□□ □□□□□□, □□□□□ □□□□□ □□□□ □□□□□□□□□□□.	Noopept 10mg (□□□□□□ □□□□□□□□□□ □□□□□□) □□□□ □□□□□□□□□ + CDP-choline 250mg. □□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□□ □□□□□□□ - □□□ □□□□□ □□□□□□□ □□□□, □□□□□□□ □□□□□□□□ □□□□□□□□. □□□□ □□□□□□ 2□ □□□□ 3□ □□□□□□ □□□□□□□□□□.	□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□, □□□ □□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□□. □□□□□□□ AMPA □□□□□□□ □□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□, □□□□□□□ □□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□.
60-90 □□□□□□□.	□□□□□□□□□□ □□□□□□□□□□. 20-30 □□□□□□□□ □□□□□□. 5 □□□□□□□ □□□□□□ □□□□□. □□□□□□, □□□□ □□□□□. □□□□□□□□ □□□□, □□□□□□ □□□□□□ □□□□□.	□□□□□□□□□ 800mg □□□□ □□□□□□□□ □□□□□□□□. □□□ □□□□□□ □□□□□□ 5 □□□□□□□□ □□□□□□ (BDNF □□□□□□ □□□□□□□□□□□□, □□□□□□□ □□□□ □□□□ □□□ □□□□ □□□□□□□□ □□□□). □□□□□□ □□□□ □□□□□□ - □□□□□□□ □□□□□□ □□□□□□□□□: □□□□ 30 □□□□□□□, □□□ □□□□□□□□□ □□□□□□□□ □□□□□□.	□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□. □□□□□□ □□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□

		□□□□□□□□□.	

IV.1 — □□□ □□□ □□□□□ □□□□□ □□□□□□□□□□□□□□□□ □□□□ □□□□ □□□□□□ □□□□□□□.

□□□□□□□□□□□□ □□□□□□□ □□□□ □□□□ □□□□ □□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□ □□□□□ □□□□□□□□□□ □□□□□ □□□□□: □□□□□□□□ □□□□ □□□□ □□□ □□□□□□□□□□□□□□□□. □□□ □□□□□□□□□ □□□□□. □□□ □□ □□□□□□□□□□, □□□□□□□□□□, □□□□□□ □□□ □□□□□□ □□□□□□□. □ □□□□□□ □□ □□□□□□□ □□□□□□□□□ □□□□□ □□□□□□ □□□□□ □□□□ □□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□ □□□□□□□.

□□ □□□□□□□□□□□ □□□□□ □□□□□□ □□□□□□.

1-4 □□□□: □ □□□□□□□□ □□□□□ □□□□□□□□□□□□, □□□□□□ □□□□□□□ □□□□□□□□ □□□□□. □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□. □□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□ □□ □□□□□□ □□□□□□□□□□□□□. □□□ □□□□□□. □□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□. □□□□ □ □□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□, □□□□□□□□ □□□□ □□□□□□□□□□□□□□ □□□ □□□ □□□□□□□□□□ □□□□□ □□□□□□□.

□□□□ 4-8: □□□ □□□□□□□□□. □□□ □□□□□ □□□□□□ □□□□ - □□□□□□ □□□□□□ □□□□□□ □□□□□□□□□. □□□□□ □□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□, □□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□. Noopept □□□□ □ □□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□ □□□□ □□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□. □□□□□ □□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□.

8□ □□□□ □□□□□ 12□ □□□□ □□□□: □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□. □□□□ □□□□□□□□□ □□□□ 10 □□□□□□□ □□□, □□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□, □□□□ □□□□□□□□□ □□ □□□□□ □□□□□□□□□ □□□□□□□□□□□. □□□ DRD2 □□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□. "8 □□□□□ □□□□□□□□" □□□ □□□□□□□□□ □□□□□□□ □□□□□□□ □□□□ □□□. □□□□ □ □□□□ □□□□□□□□□□□□. □□□□□□□ □□□□□□□ □□□□ □□□□□□□□. □□□□□□□□ □□□□ □□□□ □□□□□□□ □□□□□ □□□□□□□□□□□□□□.

3□ □□□□□ 6□ □□□ □□□□: □ □□□□□□□ □□ □□□□□□□□□□ □□□□□□□, □□ □□□□□□ □□□□□□□□□. □□□□□□□□□ □□□□ □□□ □□□□□ □□□□□ □□ □□□□. Noopept □□□□□ □□ □□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□. □□□□□□ □□□□□ □□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□, □□□□□ □□□□□□ □□□□□ □□□□□□□□□□ □□□□. □□□□ □□□□□ □□□ □□ □□□□□□□□□ □□□□□□□□. □□□ □□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□ □□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□□□. □□□□ □□□ □□□□□□□□. □□□ □□ □□□□□ □□□□□□.

□□□□□ □□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□. □□□□□□□ □□□□□□ □□□□□ □□□□□□□□□□. □□□□□□□ □□□□ □□□□ □□□□□□□ □□□□□□ □□□□□□□ □□ □□□□□□□□ □□□□□□□□□□. □ □□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□. □□□□□ □□□ □□□□□□□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□ □ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□.

□□□□□□□ □□□□□ □□□□□□□□□ | □□□□□□□ □□□□□□□ | DNA □□□□□□ | □□□□□ □□□□□□□□ □□□□□□□□

Crisis: 988 | SAMHSA: 1-800-662-4357

[illegible]